

# The TIMES

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Photo courtesy MCPL

## *Strengthening the Family Safety Net*

Dr. Esther Kogan, Early Childhood Education Program director at Adelphi University, recently presented "Strengthening the Family Safety Net by Improving Self-Esteem and the Empowerment of Women and Mothers," part of the Allstate Readiness series, at the Middle Country Public Library. This was the third of three Distinguished Speakers series of 2008-09. In her presentation, Dr. Kogan showed those in attendance how empowering women and mothers, by giving them the self-esteem they need, will make them better advocates for their children. As a result, these women will be able to get the resources their children need to reach their full potential.

Pictured from left: Jeff Freund, Allstate Foundation representative; Dr. Esther Kogan; and Kathy Deerr, national coordinator for Family Place Libraries, MCPL.