

What Is Relationship Abuse?

- A pattern of abusive behavior:
 - Physical
 - Verbal
 - Emotional
 - Sexual
 - Cyber
 - Financial

A Survivor's Story—Emotional Abuse

Crossing the Line



Activity: Recognizing Abuse

- How does his behavior “Cross the Line”? In what way is his behavior abusive?
- How might the girlfriend respond?
- How could she respond instead?
- What could he say instead?

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Understanding & Preventing Abuse

Why Abuse?

- Power and Control
 - To Resolve Conflict.
 - To Get Your Way.
- Family & Social Patterns
 - Normalization of Abuse
- Cultural Attitudes
 - Glorification of Violence
 - Rigid Gender Roles

Family Patterns



UNREGISTERED
PSA

"Tea Party" (:30)

Generic End

NOW

7.14.2006

the now corporation

How Big is this Issue?

- 20% of Teens Report Experiencing Abuse.
- Over 25% of the Assaults in Suffolk County are Domestic Violence Cases.
- Abuse Occurs in all Social Groups.
- Of the Women Killed every year in the USA, over 50% of them are killed by an intimate partner.

Why Don't Victims Speak Up?

- Self-blame.
- Embarrassment.
- Fear.
- Denial.
- Love.
- Social Connection.
- Concern for children.
- Hope abuser will change.





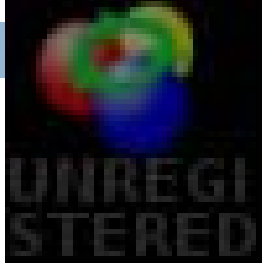
Getting & Giving Help

Education for Yourself and Others

How Can You Tell? Signs of Abuse:

- Withdrawal
- Self Blame
- Fear
- Denial
- Anxiety
- Protectiveness
- Depression

Speak Up



Intervention

- Speak Up.
 - “Are You okay?”
- State What You See.
 - “I heard him put you down.” “I saw him grab you.”
- Be Supportive & Listen.
 - “I want to help.” “It is not your fault.”
- Empower Your Friend.
 - “What do you think is fair?”
- Get Professional Help.
 - Offer to go with a friend to a counselor, The Retreat, etc.

Protection

- Safety Planning
 - Buddy System, Transportation
 - Saying “No.”
- Counseling
- Legal Help
 - Family Court
 - Orders of Protection
 - File A Police Report
- SANE:
 - Sexual Assault Nurse Examiner Program

Taking Action

- Avoid Retaliation Against Abuser
- Get Help. Information Online.
- Call the Retreat.
- Help Break the Silence!

Retreat Services

24-Hour Hotline English/Spanish:
631-329-2200

Shelter

Counseling Services

Victims

Children

Batterers

Legal Advocacy

Abuse Prevention Education Programs

Bullying, Cyber Abuse, Dating Violence